

## 8:15 am Educational Sessions

Educational Session (**Viking Room**)

**Rotary International District Governor Kay Biga**  
**“Everything You Need To Know About Rotary”**

Rotary International makes an impact throughout the world harnessing the energy of 1.2 million members. Learn about the organization’s successes and challenges from District 5580 Governor Kay Biga.

Educational Session (**Great Hall**)

**Past District Director, Michael Carlton, DTM**  
**“Transferable Skills: Getting the most from your Toastmasters Meeting.”**

Why did we join? Why do we stay? It's because of what we learn! But are we really utilizing every element of our Toastmasters meeting? Today, Michael will breakdown every element of our Toastmasters meeting to give examples of the transferable skills we develop by participating in our roles. Some we're aware of, some we've taken for granted. It's these meeting roles that give us the tools to develop communication and leadership skills. In this presentation, Michael will share how he's gotten value in the Toastmasters program by taking the lessons in every role, and why he believes this is not just a speaking club, it's a development program.

Educational Session (**Duluth Room**)

**Denise Sundquist “Yoodli Test Drive”**

Denise Sundquist will have a computer or two available for you to try the artificial intelligence application which is available to all Toastmasters to get speech evaluation information while preparing your speech. Come by and try it!

## 9:15 am Educational Sessions

Educational Session (**Viking Room**)

**Eric Schurr “Music Techniques to Rock Out Your Speech”**

Do you want to add more Rhythm & Cadence to your Speaking? Learn to write a *Hit Speech* the same way That Musicians write a *Hit Song!* This half workshop, half musical performance is an entertaining walk through how to use Musical Techniques to bring out the style and emotion of your speaking and bring your speaking to a whole new level.

Educational Session (**Great Hall**)

**Toastmasters International Board Member (Region 4), International Director, Kimberly Myers, DTM “Dealing with Change”**

In a world that is constantly changing, we must face the tornados that come our way. Some of us wait until the last minute and seek shelter. Others of us prefer to plan ahead and prepare for chaos. Change is inevitable. We can plan and adapt. Maybe not perfectly, but life is easier when we face that change rather than hide from it.

Educational Session (**Duluth Room**)

**Sarah Bateman, DTM “Seas the Story Moments”**

One of the most powerful tools a speaker has is storytelling. Stories build a connection with your audience by increasing positive emotions. Stories will linger in their minds long after you have left the stage.

**10:30 am Educational Session (Duluth Room)**

**Ashok Sunkavalli and District Public Relations Team  
“Participating in Effective Club Promotions”**

Public Relations activities and how clubs can participate in effectively promoting themselves. Encouraging club officers and members to join all District 106 social platforms.

**10:40 am Educational Sessions (Viking Room)  
Daniel Grundtner, DTM “Youth Leadership Programs-  
YLP. How it Impacts Livers”**

We know you must be 18 to enroll in the Toastmasters program. This program is for youth to experience the joy we get out of Toastmasters. Lead a YLP for youth, and YOU.