



## District 106

### Toastmasters Leadership Institute (TLI)

Saturday January 17, 2026 - 9 am to 12 pm

Theme: Empowerment

District Director

[Matthew Vilella, DTM](#)

Program Quality Director

[Ashok Sunkavalli, DTM](#)

Club Growth Director

[Anna Gaichas, DTM](#)

Public Relations Manager

[Leo Smith, DTM](#)

Administrative Manager

[Celia Poehis](#)

Finance Manager

[Brian Rice, DTM](#)

Logistics Manager

[Beth Plamondon, DTM](#)

District 106 Website:

[www.d106tm.org](http://www.d106tm.org)

District Mission:

*We build new clubs & support all clubs in achieving excellence.*

Core Values:

[Respect](#)

[Integrity](#)

[Service](#)

[Excellence](#)

• 08:30 am	Fellowship and networking	Host
09:00 am	Call meeting to order/ Welcome Brief Introductions of Trio Club Growth Director Program Quality Director District 106 Director Keynote Speaker Introduction	Ashok Sunkavalli, DTM Host Anna Gaichas, DTM Ashok Sunkavalli, DTM Matthew Vilella, DTM Ashok Sunkavalli, DTM
09:15 am	Keynote Speaker "Being Present" - 45 minutes	David Woodcock, DTM
10:00 am	BREAK – 10 minutes	
10:10 am	Breakout Room 1 "Flip the Coin: Turning Stage Fright into a Training Tool" 40 minutes	Daniel DeJoode
10:10 am	Breakout Room 2 "Discover the District: Specialty & Advanced Club Showcase" 40 minutes	Leo Smith, DTM
10:10 am	Breakout Room 3 "Imagine the Possibilities" 40 minutes	Courtney Wilke
10:50 am	BREAK – 10 minutes	
11:00 am	Pathways – Are you using it effectively? 20 minutes	Ashok Sunkavalli, DTM
11:20 am	Q&A Session with our RA 3 Dan Arbuckle 25 minutes	Matthew Vilella, DTM/ Anna Gaichas, DTM
11:45 am	District Announcements	
12:00 pm.	Adjourn	

**Notes:**